# The right care The right place The right time

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## unicking personalised outcomes

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## Unlocking Personalisation: Turning Strategy into Action



adult social services



ADASS & TSA Commission

March 2021



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Department of Health & Social Care **TEC** Quality

CARE

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People at the Heart of Care
Adult Social Care Reform White Paper
20 State December 2021

People at the Heart of Care

Dec 2021

#### **Digital care technology & support services – slowing down the progression of**



## Supporting the Shift Towards Proactive & Preventative Services

**TRADITIONAL** A combination of physical care and reactive services only



DIRECTION OF TRAVEL A blend of physical care, proactive care and reactive care services



FUTURE

A blend of physical care, proactive care and reactive care services Informed by data and predictive insights





## Why shift to a more proactive service model?

Proactive services provide four clear benefits to health and care commissioners and service providers:

- Support the delivery of better care experiences and better personalised care outcomes moving away from 'just in case' support to enabling support
- Support effective capacity management by indicating when intervention is required, but also when it is safe to step back.
- Help realise cost avoidance and reduction where aligned to greater independence across social care and health.
- Support the development of non-emergency responder services in partnership with voluntary and not for profit organisations to coordinate support for individuals.

# Enabling digital technology supporting everyday living in a strengths based manner



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## Data analytics & machine learning to support practitioners & provide information to families

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Using connected care solutions to support informed decision making – promoting positive risk taking backed by data & insights <u>'enabling support' rather than 'just in case support'</u>



Service users, patients, carers – must not be in position of leaving their everyday technology at the door when engaging with TEC services

### Key Pathways – enabled by targeted proactive intervention

#### Discharge to Assess

- Evidence strengths, achievements and outcomes
- Right size package of care to reduce dependency and improve self-reliance and independence
- Supports effective pathway from hospital to home through stepdown reablement flats (less reliance on care home beds)

#### Reablement

- Support for quicker discharge from hospital with appropriate responder service
- This can help avoid delays in placing the domiciliary care package with service providers
- Assessment allows for right sizing package of care and improving independence in the same way as reablement

#### Long term care

- Utilise insights from digital TEC to review changes in care needs
- Early intervention and proactive calls to allow people to live safely in their own home
- Delay placement in residential care

#### Learning Disabilities and Autism

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- Opportunities for proactive care services to enable independence, support education and learning
- Critically important that robust governance in the use of insights protect individuals based on the recognition that TEC is an important enabler.



#### Key drivers for proactive engagement TEC development areas across Social Care, Health, Public Health and Housing

**Inactivity monitoring/dehydration** - identifying lack of movement, using hydration monitoring - providing prompts to move about the property, make a drink - focus on reducing risk of UTI/falls

**Reducing risk of falls** - utilising fall detection systems, wearables and activity sensors to understand falls risks and capture predictive data/trends or utilising gait analysis and exercise programmes

**Delivering proactive (video) calls to identified vulnerable/socially isolated people to promote Public Health messages** – e.g. keeping hydrated, preparing for Winter, reminder of exercise routines post reablement



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**Supporting independence in the community** – enabling activity outside of the home, supported through location devices, fall alerts and two-way communication to reduce risks and enable timely response to the individual

**Enabling care delivery at distance** - through virtual care visits (medication checks, wellbeing calls) – working in collaboration with domiciliary care agencies to mitigate carer capacity issues

**Embedding digital technology within housing provision** – effective support of vulnerable tenants (wellbeing clinics, social inclusion) and enabling efficiencies (AI delivering wellbeing checks at scale, concierge services, reminders/calendars, hydration monitoring/insights)