

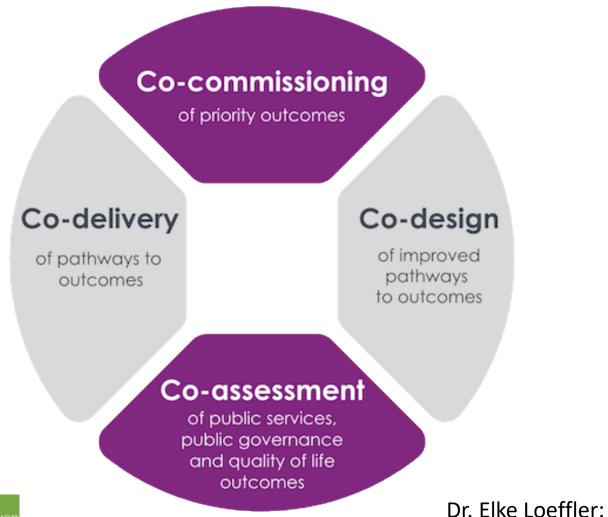
**Dr Louise Morpeth** 



Is co-production essential to enabling people to live independently?



## The 4 Co's of Co-production



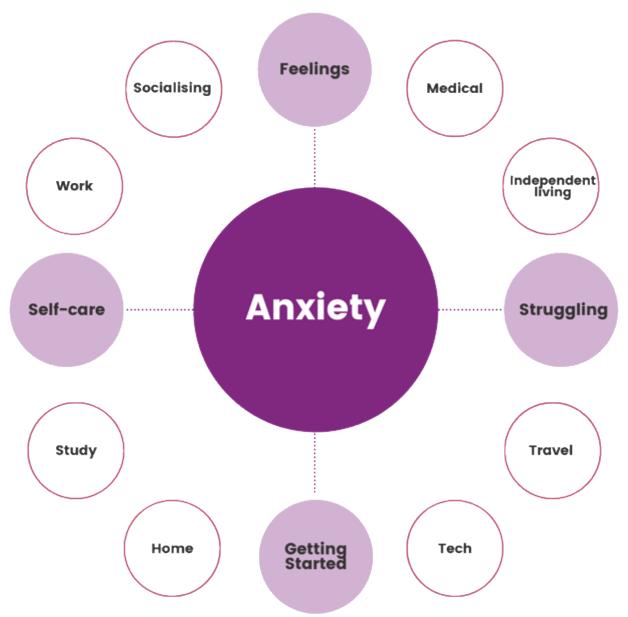


### Co-production at a product level



# Using activity data to support self-management outcomes design

1000+ users400K+ data records13 categories of problem areas



## Building independence: Co-production in delivery

UNLOCK ISSUES **EMBED NEW** ACCESS IN THE RE-ENFORCEMENT Develop MOMENT PERSONAL **HABITS &** practical GUIDANCE REFLECTION **BEHAVIOURS** strategies SOLUTION FOCUSED COACHING MONTHLY MONTHLY MONTHLY MONTHLY MONTHLY **REVIEWS REVIEWS REVIEWS** REVIEWS REVIEWS User-led, paced, personalised 24/7 HUMAN SUPPORT - (Lifeline & safety net) 24/7 ACCESS PROMPTS, MOOD REFLECTIVE AI, DATA, REMINDERS, **MONITOR & TIMELINE &** MACHINE PERSONAL NUDGES TRACKING LEARNING LEARNING TOOLS STRATEGIES

#### A mindset shift to enable independence

Administering
Deciding for people
Delivering "units of care"



Supporting
Empowering choice
Progressing independence

**Social Care as Cost** 



Social Care as Investment

# Thank You

**Questions?** 



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