



GUIDANCE

Winter Pressures: Practical Steps
for TEC Providers



The voice of technology
enabled care

Why Winter Pressures Matter

As temperatures drop, health and social care systems experience increased strain. TEC providers are vital in:

- Safeguarding vulnerable individuals
- Maintaining service continuity
- Supporting system-wide resilience

Key Actions for TSA Members:

- **Review and Update Winter Plans**

- Ensure contingency plans cover staff shortages, supply chain issues, and surge demand.
- Align with [local ICS winter plans](#)

- **Strengthen Workforce Preparedness**

- Cross-train staff for critical roles.
- Promote wellbeing initiatives to reduce burnout

- **Enhance Operational Resilience**

- Test backup systems and remote monitoring capabilities.
- Review escalation protocols for emergency response.

- **Engage with Partners**

- Share best practices and challenges via membership@tsa-voice.org.uk or tag **#TECWinterReady**.
- Explore collaboration opportunities for resource sharing.

- **Communicate with people in receipt of services**

- Provide clear guidance on what to expect during winter.
- Ensure emergency contact details are up to date.

Recommended Resources

- [TSA Winter Resilience Guidance](#)
- [NHS Winter Workforce Preparedness](#)
- [Social Care Operational Resilience](#)

Get Involved - Share your winter planning strategies, challenges, and innovations.

- Email: membership@tsa-voice.org.uk
- Social: **#TECWinterReady**
 - Facebook: [@TSAVoice](#)
 - LinkedIn: [@TSA – The voice of technology enabled care](#)



The voice of technology
enabled care