



Housing LIN

Connecting people, ideas and resources

**Housing Learning and
Improvement
Network**

Unlocking personalised outcomes: a prescription for better housing

TSA/Housing LIN theatre, Housing 2023
Manchester, 27 June 2023



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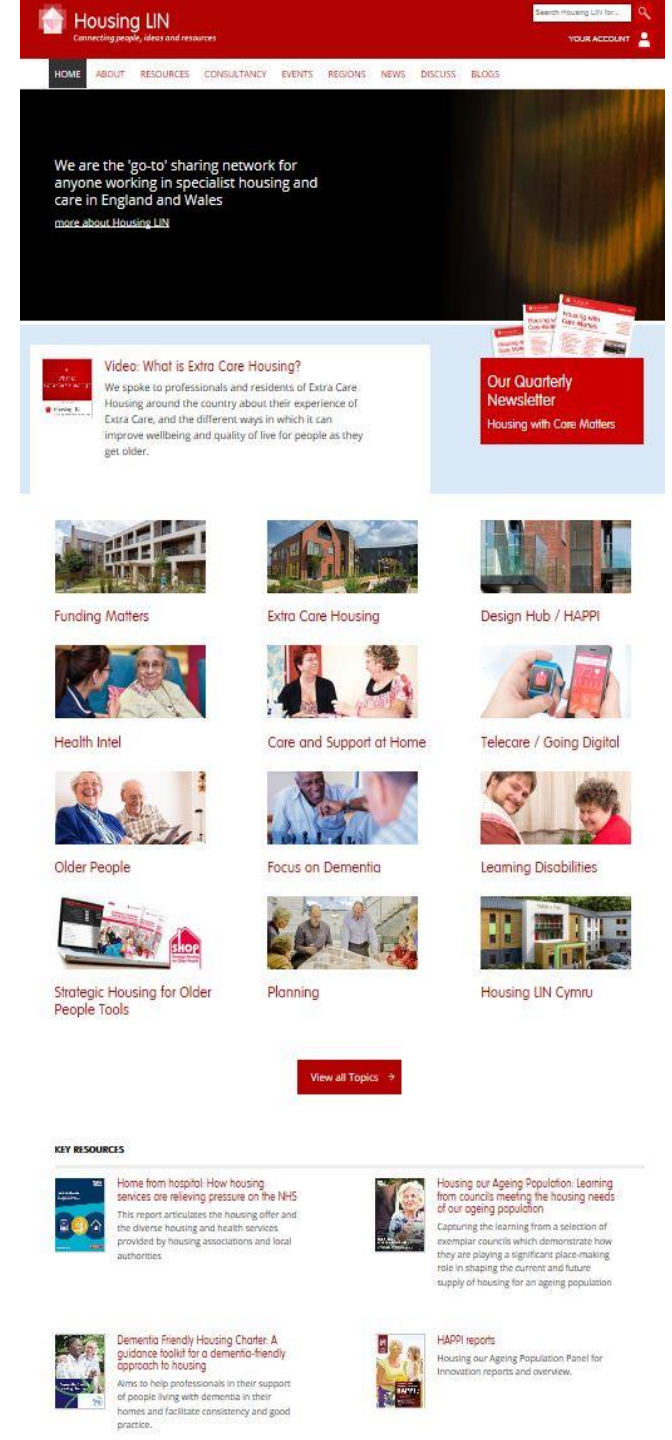


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Knowledge Exchange – *Ideas Lab*

- Our 'free to use' activities largely supported by a mix of crowdfunded & some consultancy work
- Sophisticated network bringing together housing, health and social care professionals in England, Wales and Scotland to exemplify innovative housing solutions for older and disabled people
- Recognised by government and the housing with care sector as a leading *Knowledge Exchange* on specialist housing & independent living
- Online *HAPPI Hour* webinars and networking
- *Ideas Lab*: We connect people, ideas & resources to inspire, inform and improve the range of contemporary housing choices that enable older and disabled people live independently

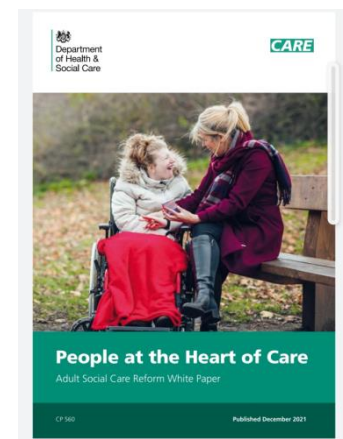
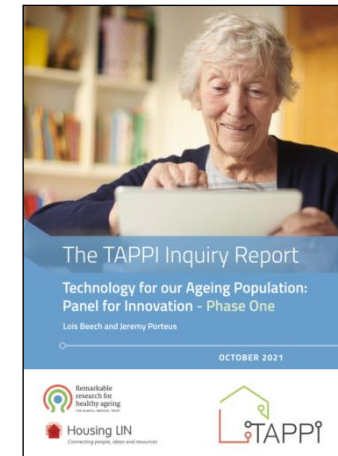




At a glance: what's happening nationally?

- **Technology for an Ageing Population: Panel for Innovation:** 10 TAPPI principles centred on personal outcomes and system improvements
- **Independent Housing for Older People Task Force:** Examine the evidence base for boosting supply of specialist housing and come up with recommendations
- **APPG on Housing and Care for Older People:** building on the 10 HAPPI age-friendly 'care ready' design principles, new Inquiry on rejuvenating outdated sheltered housing, including retrofit for tech-enabled housing and care, climate change / decarbonisation agenda
- **Adult Social Care White Paper:** additional levers for integrated care, and greater choice and control?

“Every decision about care is a decision about housing”





What high impact 'dividends' should you be looking for?

- Reducing reliance on domiciliary care
- Delaying admission to residential care
- Preventing hospital readmissions
- Supporting a transfer of care
- Reducing carer breakdown
- Assisting with managing the consequences of falling
- Supporting medication compliance
- Risk stratification to identify care interventions





Where can housing make a difference around health and care outcomes?

To stop people entering system

- Public Health – exercise, eating, drinking, etc
- Health Care – the right treatment & preventive measures (stroke recovery or falls prevention)
- Information and Advice to support self care / management

To reduce demand within the system

- Recovery, re-ablement, recuperation
- Right level of health care at home/out of hospital
- Partner with community-based organisations and housing

Wider environmental solutions

- Better housing choices, energy efficiency, fuel poverty, telecare, aids & adaptations, equipment & advice

Health and housing: building the evidence base

A Paper for Kent Surrey Sussex Academic Health Science Network by the Housing Learning and Improvement Network

Written by Liz Cairncross and Jeremy Porteus for the Housing Learning and Improvement Network

April 2017



Building a community chest – ‘CollaborAGE’

- *Citizen activation*: experts by experience and self-advocacy eg. community empowerment, self care and anatomy of resilience
- *Social prescribing*: self-directed support and personal (health) budgets eg community circles, homeshare, volunteering/befriending
- *Outcome based*: Capabilities approaches to health and care eg NEF’s 5 ways. quality of life improvements and system efficiencies
- *Choice & control*: Co-production and citizen-led commissioning eg user led organisations
- *ABCD*: Community development and building social capital eg community builders, Village Agents
- *Partnership working*: Networked models of care eg community connectors, collaborative care networks, LAC





Housing – too task orientated, needs to become more outcome focussed

- *Specialist housing* - delay move to costly residential or nursing care
- *Housing support* - to prevent homelessness, support wellbeing
- *Mainstream housing* – design quality and accessibility (such as HAPPI and TAPPI) to offset future health and social care costs
- *Home improvement agencies and handyperson services* - deliver aids and adaptations that can reduce hazards, falls, fuel poverty, support hospital discharge, reduce hospital readmissions
- *Environmental health* - tackle chronic disrepair and environmental conditions that can lead to a long term condition (mental health), disease (COPD) or increased health inequality
- *Regeneration and renewal* – promote sustainable health outcomes via health neighbourhoods/age-friendly communities
- *Spatial planning* - support housing growth and link to strategic local needs eg ICBs, JSNAs, NHS estate strategies



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Thank you



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