

**TSA**<sup>TM</sup>

# The Power of People and Partnerships

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# Delivering outcomes for people and providers



## Technology Enabled Lives

March 2023



## A guide to getting started in Co-production

March 2023

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*Everyone has the right to lead their life in the way they want, with meaning and purpose, creativity and connection.*

**Clenton Farquharson MBE**  
Co-Chair, TEC Action Alliance and Chair,  
Think Local Act Personal (TLAP)

# Technology-enabled lives

## People's attitudes to use of technology in health and care

(YouGov 2023)

For the wider population, the results are similar. All of the 2,016 YouGov respondents said they use computers and tablets daily.



**84%**

use smart phones every day



**49%**

use smart TVs daily



**18%**

use telecare or telehealth services, but less regularly - half use this type of TEC less frequently than weekly



**51%**

use technology to track their physical activity, with half doing so on a daily basis

frequently than weekly  
this type of TEC less  
less regularly - half use  
telehealth services, but

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**Thank you**