

# Improving outcomes and saving money with digital support



Presenter:  
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**Autism costs the UK**  
**£32 billion annually\*\***  
More than heart disease,  
stroke and cancer combined

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Estimated **700,000**  
autistic people in the UK \*\*\*

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\*National Institute for Health and Care Excellence

\*\*The Autism Dividend:national autism project - LSE

\*\*\*NHS information Centre

**Mental health costs England in excess of**  
**£105.2 billion annually**

\*Estimate provided by the Department of Health, England



**Personal Planning Sessions  
Onboarding the User**



**Software Tools  
Mobile & Web**



**Around the Clock  
Support Service**

Top Rated app for  
Autism rated by **ORCHA**

**6239** individuals have  
been supported  
by **Brain in Hand**

**80%** In **80%** of **Universities**  
in the UK there are  
students using **BiH**

**45%** Commissioned by  
**45% of London Boroughs**

**20%** Operating in  
**20%** of English  
Local Authorities

**41** Health & social  
care support  
projects   **8** University  
Wellbeing  
Services   **8** Educational,  
private support  
services & VSOs   **4** **NHS** Trusts